**U12 (2012) Pre-ECNLRL**

**Selection**: 20-28 players

**Staff**:

* + Director: John Palladino
  + Coaches: Jason Sandobal and John Palladino
  + GK Coach: Bryan Hernandez

**Training**: Training sessions will be conducted and implemented with the curriculum of Spokane Sounders and director John Palladino. Both coaches will be in attendance at all training sessions. The pool will train together collectively at all times with both coaches overseeing and running the training session while implement the curriculum. Functional training will be a key component of the training environment allowing intricate detail in age appropriate technical and tactical soccer development. Training days will be 2 - 3 x a week. We will conduct training through the summer having the fourth of July week off, and week after Northwest Cup off. If you have family plans already scheduled please let us know. November and December will be off as well. We do believe players need breaks, especially at this young age group to encourage recovery, growth and desire.

**Why**: Soccer and Character *Development* is one of the club’s Four Pillars. John Palladino, Jesse Retan, and the curriculum of the Spokane Sounders together, while incorporating the latest world trends of development, provides this age group of players unrivaled opportunity. The environment created for the players is unmatched in our area. Style of play being one of the key components. The opportunity to bring like with like players reinforces our club’s Pillar of *Competition*. Plus understanding that at these ages, all players develop on different paths. The opportunity to continue to train in a pool reinforces our belief in the Long Term Player Development Plan.. Coach John and Coach Jason will stress the third Pillar of *Enjoyment* for the players to continue and grow their love of the world's most beautiful game. Our fourth Pillar of *Community* is a value we firmly believe in. Character will last a lifetime. The future is the players of the club that will be pillars in our community, together we make the community. *Community* is a value players at this age learn and forge into their teenage years.

**Events**: Teams will be separated into two groups to attend summer events that will include Crossfire Challenge, Snohomish Bigfoot, River City Cup, Northwest Cup, River City Challenge. Rosters will be decided after tryouts.

**League**: There will be two teams. Both participating in WISL. One playing 11v11 and the other playing 9v9. Rosters will be decided for through the summer. Players will have the opportunity to play in extra games between both teams. Fluidity is key for the players development. Overall players will have the opportunity to play in more games.

**Rosters**: Will be based upon attendance and like with like. Player development, especially at the youngest age groups can vary greatly through the year. Player development, especially at the youngest age groups can vary greatly through the year. The opportunity to train together in a pool of 20-28 players with our staff John Palladino and Jason Sandobal will provide an environment unmatched in our area. Each player will have the chance to prosper and develop through the pool.

**Location**: Training will be conducted at the Spokane Polo Fields or the Spokane Soccer Center or Cravens.