

Club Protocols on Coronavirus

1. If you are sick, stay home. This applies to everyone: players, coaches, and parents.
2. Coaches will greet all participants before practice and ask if they have been sick in the last 14 days or in direct contact with a person who is sick. Coaches will send home a player immediately if the answer is “yes.”
3. Have hand sanitizer available and encourage hand washing before and after all activities.
4. All activities must be limited to the max number allowed in the current phase.
5. Facilitate soccer activities that eliminate physical contact. All activities and small-sided games should have as little physical contact as possible based upon the current phase. Tackling, shielding, etc. should not be included in small-sided games or activities.
6. No high-fives, handshakes, or hugs: as much as we want to physically connect, this is not a safe practice for anybody right now, until we move through the Phases.
7. Coaches and spectators should wear a mask before, during, and after practice. Players should wear a mask when not actively practicing, based upon the phase we currently are in.
8. If possible, parents should remain in car for drop-off and pick-up. All spectators must remain 6 feet apart based upon the phase we are currently in.
9. Water bottles: to minimize accidental sharing of water, players must keep their water bottles in their own bag when not in use.
10. Have fun, stay positive: everyone is looking to each other to stay calm, supportive, and compassionate during this time.

Action Plan -

Communication Plan if we are notified a player or parent or staff has developed COVID-19 and may have been infectious to others while at a youth activity, and while maintaining confidentiality.

- Once a Team Manager or Coach or Staff receive notice of a player or parent or staff that has developed COVID-19 immediate communication will need to be had with club Technical Director, Office Manager, and President of the Board of Directors.
- With the help of our local Regional Health District, immediate communication will be made to each individual that was in contact with an infectious individual.
- The group that was in contact with the individual with COVID-19 will have to self isolate for 14 days.

Coaches Protocols

- Ensure the health and safety of your players. Inquire how the athletes are feeling, send them home if they act or discuss feeling ill.

- Follow all established federal, state, and local protocols.
- Ensure all athletes have their individual equipment (ball, water bottles, bag, etc.) and prohibit them from sharing anything. Equipment placement should be spaced at least 6 feet apart.
- The coach is the only person to handle cones, disks, etc.
- All training must be outdoors and coaches must strictly enforce social distancing per the current phase guidelines.
- Coaches must always wear a face mask per current phase protocol and social distance from players when required.
- Wash and sanitize your own equipment after every session.
- Increase your communication with parents, they need to know what you are doing as a coach and club to maintain their safety.
- Have fun, stay positive – players and parents are looking to you to stay calm, supportive, and caring during this time.

Players and Parents

- Ensure athletes are healthy, check their temperature daily.
- Limited or no carpooling.
- Stay in car or social distance when at training, wear mask at all times if outside your car. Based upon the phase we are in.
- Ensure child's clothing is washed after every training session.
- Label your child's equipment to guard against cross-contamination.
- Ensure all equipment, cleats, ball, shin guards etc. are sanitized after every training.
- Notify club immediately if your child becomes ill for any reason and do not bring them into contact with coaches or other players.
- Do not assist coaches with equipment before or after training.
- Be sure your child has necessary sanitizer and cleaning supplies with them at every training. Players should bring and use hand sanitizer with them at every training session. Especially at the beginning and end of sessions.
- Players wash hands thoroughly before and after training and any contact outside your home.
- Wear mask before and after all training sessions. This protects others in the event that you are unknowingly carrying the virus. Based upon current phase we are in.
- Do not touch or share anyone else's equipment.
- Bring your own ball to training, label it as your own.
- Practice social distancing and place bags and other equipment at least 6 feet apart from your teammates' equipment during sessions.
- No group celebrations with players closer than six feet, no high fives, hugs, cheers, etc. based upon the current phase.